

# SAGEVILLE



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Sageville Elementary Newsletter

April 13, 2017

## From the desk of Miss Mac:

I was delighted to attend the 5th Annual Enhancing Excellence Luncheon yesterday at the Grand River Center. The Foundation for Dubuque Public Schools hosts this luncheon to highlight all of the great things that the Foundation has done in our schools. Each year a guest speaker and Hometown Alumni Award are a highlight. This year, Mrs. Ann Johnson, recipient of the Presidential Award for Excellence in mathematics and Science Teaching was featured along with two of her students, Samantha Noel and Wyatt Crosby. What a proud time for Sageville School and a great way to celebrate public education in Dubuque!

In your child's Thursday folders today you will find a sign up volunteer form for the upcoming Spring Fling. It takes many hands to pull off this super community event so please consider your gift of time. Also, any unsold PTC cards or money should be sent to the school office. Thank you!

I can't tell you how excited I am to have Dr. Connie Hebert at Sageville next week. She has the opportunity to impact staff, students and parents in two short days. I became familiar with Connie's work several years ago and I still see the impact of her work with those teachers, so now it's her turn to come to Sageville. Her fee is covered by Sageville's Teacher Quality Funds from the state of Iowa. On Thursday and Friday she will do model reading lessons with our students as our teachers observe and learn. Friday morning for professional learning she will work with all teachers and paras. From her work with us we will develop a plan to sustain these important practices.

You get to benefit from her as well at her parent presentation Thursday evening, 6:30-7:15 PM. Please give yourself a gift and hear her presentation on "How to Raise Smart & Appreciative Kids". To have someone of this caliber in Dubuque, yet alone in our school gym is saying something special. Unfortunately child care is not available so please make arrangements to come!



Mrs. Johnson, Wyatt Crosby, Samantha Noel and guests at Foundation Luncheon

### Calendar of Events

#### Monday-April 17

1:30 Battle of the Books  
3:30-5:00 PM Track Practice  
7:00 PTC meeting

#### Tuesday-April 18

School Garden Clean Up

#### Wednesday-April 19

9:30 Gr. K field trip  
3:30-5:00 PM Track Practice

#### Thursday-April 20

Dr. Connie Hebert works with students and staff in model reading lessons  
6:30-7:15 PM Dr. Connie Hebert Parent Presentation, "How to Raise Smart & Appreciative Kids" in the gym

#### Friday-April 21

9:45 Late Start  
Scrip orders due  
Dr. Connie Hebert works with students and staff in model reading lessons

## Friday Focus:

- Dr. Connie Hebert will share and discuss habits of effective teachers in the area of reading



We honored our Sageville Paraprofessionals this week with a breakfast

## Counselor Corner...Mrs. Kaiser

The past couple of weeks I have been working with preschool thru first grade on mindfulness. Each grade practiced deep breathing and were taught three mudras. The three mudras were plug into the earth, we are the world and eagle. Mudras are positions of the body that have some kind of influence on the energies of the body, or your mood. Mostly the hands and fingers are held in some position, but the whole body may be part of the mudra as well. The three mudras we learned were all to help students focus while learning. Practicing mindfulness in the classroom improves student's attention, emotion regulation, increase self-compassion, reduces feelings of stress, and improves anxiety.

**Tips for Parents:** To read more of the benefits of mindfulness click on the link <http://www.mindfulschools.org/about-mindfulness/research/>



Preschoolers were excited about their bird nest!

## Sageville's PTC

May 12

5:30 PM



Classroom Baskets  
for Silent Auction:

PreSchool-Crockpot  
WeilandK-Chicken/Fam  
HerrK-Nerf Extreme  
Frommelt/Cervantes1 Coffee Lovers  
Johnson/Klinkner2 Gardening  
Rokusek/Willenborg3-A Dog's Purpose  
Haller/Rambousek4- Patriotic-4th of July  
Atencio/Bihl/Mach5-Camping

How does this work?

Parents contribute items or scrip for the baskets by April 28th. Teachers from each grade level will be sharing more details about their basket ideas. PTC will have them ready for the silent auction for our Spring Fling!

Last year almost \$2,000 was raised from this event.

PTC members have been working hard to get other great donations like one dozen donuts from Donut Boy for a year!

If your business would like to donate something, please email Miss Mac.

P.S. Don't anyone dare bid against me on the donuts! LOL

