

# SAGEVILLE



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Sageville Elementary Newsletter

May 4, 2017

## From the desk of Miss Mac:

Many thanks to all of our parents, student council and PTC for a great Teacher Appreciation Week. Thank you for thinking of the Sageville Staff, they rate very high in my book and I enjoy working with them. I get the privilege of seeing them go the extra mile everyday for your children.

Tonight is the district elementary track meet at Dazell Field at 4:30 PM. I'd like to thank Mrs. Long and Mrs. Butler for coaching our 4th and 5th graders. Many thanks to Mr. Freiburger for all of his work on this great event for the entire district.

Scrip orders are due tomorrow. There is one more order date on May 19th. Many thanks to Andi Bihl, Jenny Long, Rhonda Freiburger, Angela Nauman, Jenny Calonder, Jenny Bradley, Angie Rokusek, Jill Bellman, Kelly Kieffer, Katie Schmitt, & Jess Olechowski, and all the parents and staff who buy it. Stock up for summer.

The 5th Grade movie, "Space School: Battle for the Universe" is available to watch on our website. And I'll say it again, what a movie! Talent abounds in students and staff. Kudos to Jeff Dyer, Director and Writer!

I like to give a shout out to our music teacher, Ms. Scholtes and art teacher, Mrs. Gregory. I'd like to thank Ms. Scholtes for the meaningful performances, we enjoyed all of them. And speaking of art, our students aren't finished creating those masterpieces! I love that Mrs. Gregory saves pieces at the end of the year to hang up at the beginning of next year!

Next Tuesday afternoon I get the opportunity to celebrate the partnership of Mrs. Weiland and Miss Schleusner this school year. This dynamic duo worked very well together and this allowed Mrs. Weiland to work in all of the classrooms building climate & culture with the Two by Two program.

### Calendar of Events

MAP tests continue

#### Wednesday-May 10

National School Nurse Day!  
Thank you to Nurse Tammy and Mrs. Callahan!  
12:30 Gr. 3 River Museum trip

#### Thursday-May 11

It's National Hawaiian Shirt Day!

#### Friday-May 12

1:30 Battle of the Books  
2:00 4H Inquiry event  
5:30-8:30 PM Spring Fling!



Check out the Spring Fling flyer and all of the great features.

Don't forget the Scholastic Book Fair will be here in the gym!

Keep kids reading this summer!

## Friday Focus:

- Teachers are working on planning for next year

# Counselor Corner...Mrs. Kaiser

May is Mental Health Awareness month! Mental illnesses are health conditions involving changes in thinking, emotion or behavior (or a combination of both of these) and are associated with distress and problems functioning in social, work or family activities. As most of you know, the trending Netflix series *13 Reasons Why*, based on a young adult novel of the same name, is raising some questions and concerns about mental health and suicide. The series revolves around 17-year-old Hannah Baker, who takes her own life and leaves behind audio recordings for 13 people she says were in some way part of why she killed herself. Each tape recounts painful events in which one or more of the 13 individuals played a role. Recently, there has been a spike in our students conversations about suicide while at school and on social media. If your child is watching *13 Reasons Why*? Or if you've seen warning signs; please look at the links below. Also, feel free to contact me at 563-552-4306.

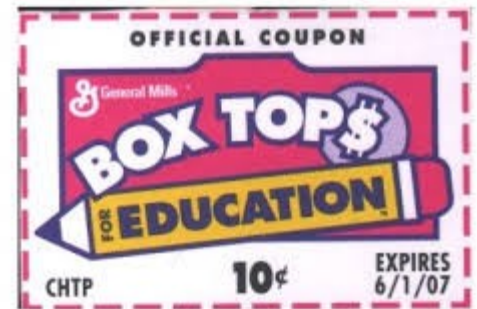
**Tips for Parents:** To read more about *13 Reasons Why* click on the links below:

<http://tinyurl.com/kggva8g>

<https://www.youtube.com/watch?v=JebwYGn5Z3E>

<http://tinyurl.com/mdw2oke>

<http://tinyurl.com/n8dxgy2>



The Box Top War is on! Who is going to be in 1st, 2nd and 3rd place? Bring in your Box Tops labeled with your child's name and teacher by May 22nd. The top three classrooms will get to eat lunch outside! Thank you to Jess Olechowski for taking care of the Box Tops for us!



**Suicide is the 3rd leading cause of death in youth ages 10-14**  
**- 90% of those who died by suicide had an underlying mental illness**



**WARNING SIGNS**

- Feeling very sad or withdrawn for more than 2 weeks
- Trying to harm or kill oneself or make plans to do so
- Out-of-control, risk-taking behaviors that can cause harm to self or others
- Sudden overwhelming fear for no reason
- Not eating, throwing up or using laxatives to lose weight
- Severe mood swings
- Repeated use of drugs or alcohol
- Drastic changes in behavior or personality or sleeping habits
- Extreme difficulty in concentrating or staying still

## What can I do as a parent?



1. Talk with your pediatrician



2. Get a referral to a mental health specialist



3. Work with schools



4. Connect with other families